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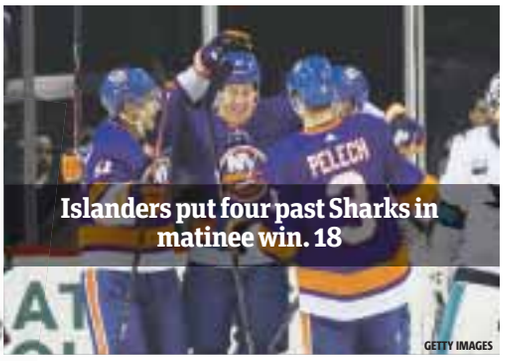


Islanders put four past Sharks in matinee win. 18

GETTY IMAGES

MILLENNIAL HAUNTED HOUSE

Inside Nightmare Machine, a new kind of Halloween pop-up. 15

EVA KIS

Limo that crashed and killed 20 upstate failed inspection. 4

TOUCHING A SERIOUS TOPIC

October is Breast Cancer Awareness Month, and the #itouchmyself project campaign — popularized by Serena Williams' recent video — is encouraging women to self-check. 6-7

ITOUCHMYSELF.ORG

'Black Lightning' star Cress Williams gets us ready for second season. 16-17

CW

5 THINGS TO KNOW

WELCOME TO METRO.US

ANNA HÄRSTEDT, STAFF WRITER

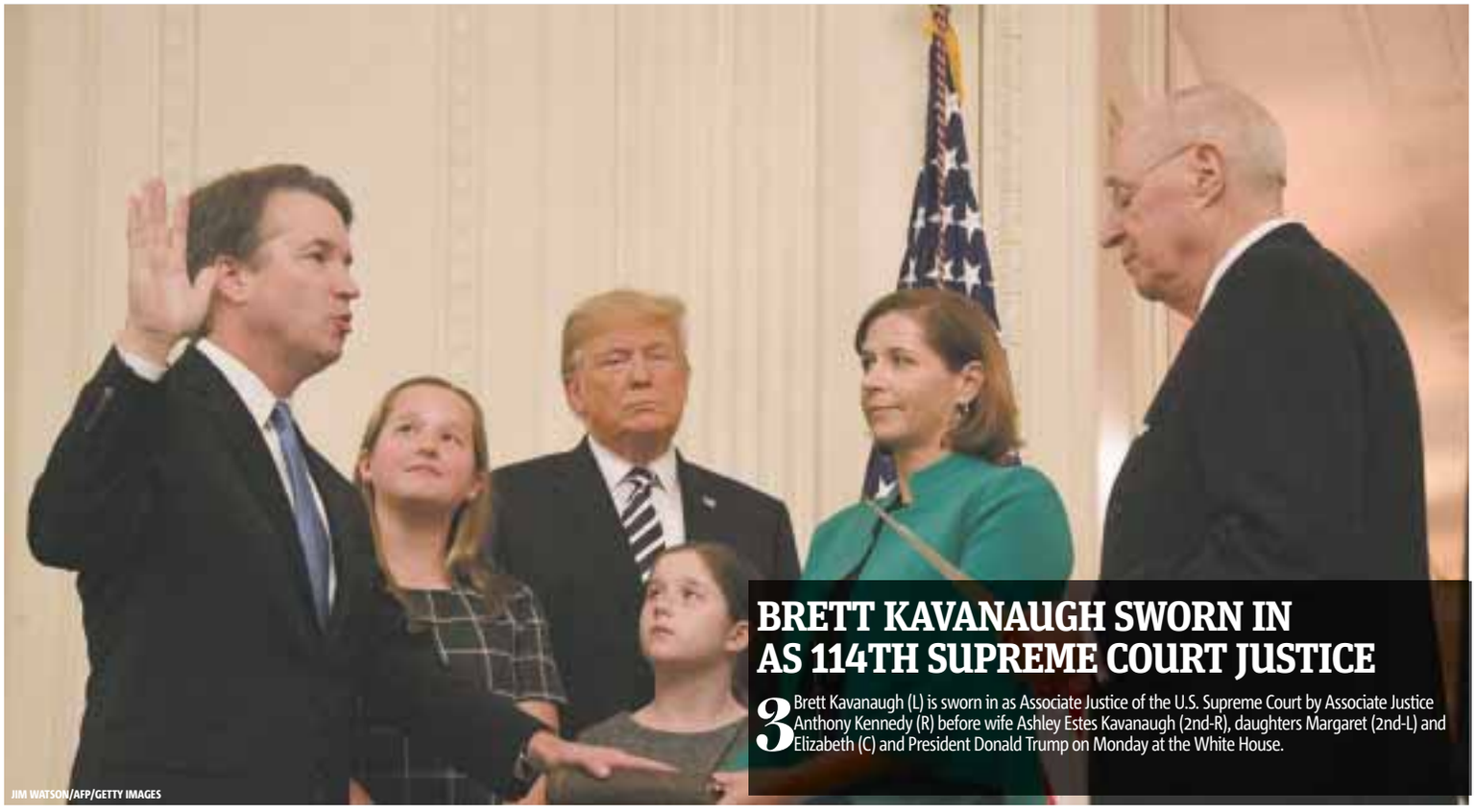
In honor of Breast Cancer Awareness Month, tennis star Serena Williams and the #ItouchmyselF campaign are showing the world that it's time to raise breast cancer awareness among women. After skin cancer, breast cancer is the most common cancer diagnosed in women in the United States. Early detection can save your life, so we caught up with an expert to share tips on how to take preventative measures. Find out all that you need to know on pages 6-7 and visit **metro.us** for more health stories.

MICHAEL HEADS TOWARD FLA PANHANDLE, 13 DEAD

1 Florida's governor mobilized National Guard troops and ordered Gulf Coast residents to head inland or evacuate as Hurricane Michael churned toward shore on Monday, with the storm forecast to strengthen rapidly before making landfall on Wednesday. Michael was expected to strengthen to a major Category 3 storm by Tuesday with winds over 100 miles per hour, making it one of the most powerful storms to hit the Florida Panhandle in decades, state officials said. The storm was expected to bring up to 12 inches of rain with storm surges up to 12 feet, according to the U.S. National Hurricane Center (NHC). At press time, Michael was a Category 1 hurricane, at the bottom of the five-step Saffir-Simpson scale. Florida Gov. Rick Scott declared a state of emergency in 26 counties along the Florida Panhandle and Big Bend. Locally-ordered evacuations of thousands of homes have begun, with 1,250 National Guard soldiers aiding the process and over 4,000 troops on standby, Scott tweeted. Heavy rains at the weekend caused 13 deaths in Central America after Michael formed off the coast of northern Honduras.

TRUMP SEEKS DISMISSAL OF STORMY HUSH MONEY

2 President Donald Trump asked a federal judge on Monday to dismiss adult film actress Stormy Daniels' lawsuit challenging the validity of a $130,000 hush money agreement over a tryst she claimed they had more than a decade ago. In a filing with the U.S. District Court in Los Angeles, Trump's lawyer said the lawsuit by Daniels, whose real name is Stephanie Clifford, is moot because Trump never signed the agreement and has said he will not try to enforce it. "There is no actual controversy between plaintiff and Mr. Trump," the president's lawyer Charles Harder wrote. Michael Avenatti, who represents Daniels, has said keeping the case alive serves the public interest, and wants Trump to give sworn testimony. "This was anticipated and we are not concerned about it," Avenatti said in an email, referring to the dismissal request. Daniels has claimed to have had a sexual liaison with Trump at a 2006 celebrity golf tournament at Lake Tahoe, which straddles the California-Nevada border. Trump has denied having had sex with Daniels.



BRETT KAVANAUGH SWORN IN AS 114TH SUPREME COURT JUSTICE

3 Brett Kavanaugh (L) is sworn in as Associate Justice of the U.S. Supreme Court by Associate Justice Anthony Kennedy (R) before wife Ashley Estes Kavanaugh (2nd-R), daughters Margaret (2nd-L) and Elizabeth (C) and President Donald Trump on Monday at the White House.

JIM WATSON/AFP/GETTY IMAGES

TRUMP, ROSENSTEIN SHARE 'GOOD TALK' ABOARD AF1

4 President Donald Trump said he had a "good talk" on Monday with Deputy Attorney General Rod Rosenstein, the Justice Department official in charge of the federal investigation of Russian meddling in the 2016 presidential election, and has no plans to fire him. There has been widespread speculation that Trump might oust Rosenstein, a frequent target of Trump's tweeted criticism, after a New York Times report that he had made remarks about Trump's fitness for office and offered to record conversations with him. Rosenstein traveled with Trump on Air Force One to Orlando on Monday, where the president gave a speech to police chiefs. Upon landing, Rosenstein was seen smiling and appeared at ease as he walked down the front stairs of Air Force One alongside Trump's chief of staff, John Kelly. It was not immediately clear whether Trump and Rosenstein talked about the controversy during their 45-minute-long conversation on the flight, where Kelly and another Department of Justice official, Ed O'Callaghan, were also present.

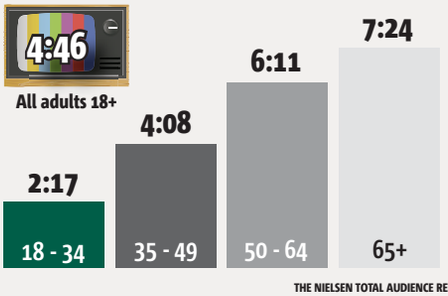
ALPHABET SHUTS GOOGLE+ AFTER USER DATA EXPOSED

5 Google will shut down the consumer version of its social network Google+ after announcing data from up to 500,000 users may have been exposed to external developers by a bug that was present for more than two years in its systems. The company said in a blog on Monday it had discovered and patched the leak in March of this year and had no evidence of misuse of user data or that any developer was aware or had exploited the vulnerability. Shares of its parent company Alphabet Inc, however, were down 1.5 percent at $1150.75 in response to what was the latest in a run of privacy issues to hit the United States' big tech companies. The Wall Street Journal reported earlier that Google had opted not to disclose the issue with its Application Program Interfaces (API) partly due to fears of regulatory scrutiny, citing unnamed sources and internal documents. Google said it had reviewed the issue, looking at the type of data involved, whether it could accurately identify the users to inform, whether there was any evidence of misuse, and whether there were any actions a developer or user could take.

STATS

GENERATION GAP IN TV CONSUMPTION

Average daily TV consumption (live + time-shifted) of American adults, by age group (in hh:mm)



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A mourner looks on at the site of the fatal limousine crash on Monday in Schoharie, New York. GETTY IMAGES

Limo that crashed upstate, killing 20, failed inspection

The limousine that crashed in upstate New York on Saturday, killing 20, failed inspection last month and its driver was not properly licensed, Gov. Andrew Cuomo said on Monday.

Saturday's accident, which killed two pairs of newlyweds, four sisters from one family and two brothers from another, was the deadliest U.S. transport crash in nearly a decade, according to federal authorities.

The company that owned the 2001 Ford Excursion stretch limousine was being sent a cease and desist order to halt operations until the crash is investigated, Cuomo said at New York City's Columbus Day Parade on Monday.

Cuomo's office did not immediately respond to a Reuters request for comment.

Before the limousine crashed, on the way to a birthday party, one of the victims, Erin McGowan, texted a friend that the limousine was in bad condition and appeared to have motor trouble, the New York Times reported.

McGowan wrote, "The motor is making everyone deaf," the Times said.

McGowan's aunt Valerie Abeling told CNN her niece had texted her friend saying that the company had sent the stretch limousine to replace a vehicle that had broken down.

Robert Sumwalt, chief of the National Transportation Safety Board (NTSB), said on Monday on CNN that the accident should be "a wake-up call" for limousine safety.

"Here we have 20 lives that have been lost tragically. We do need to learn from this," Sumwalt said.

The NTSB, a federal agency, is investigating the crash and will look at the adequacy of regulations for limousines, whose passengers are not required to wear seat belts.

"I can tell you that wearing seat belts does save lives. Whether or not it would have made a difference here ... remains to be seen," Sumwalt said.

Sumwalt said most of the victims were found inside the vehicle following the crash and one or two victims may have been ejected. Investigators also plan to look into whether the design of the roadway was a factor in the crash.

Officials had not released the victims' names as of early Monday, but some of the names and details were disclosed in media accounts from relatives and GoFundMe pages.

Erin and Shane McGowan were just starting a life together after five months of marriage, the Times Union of Rochester, New York reported.

The McGowans were a part of a party of 17 young adults who climbed into the limo to celebrate their friend Amy Steenburg's 30th birthday, the paper and other media reported.

They were headed to an upstate New York brewery, officials said, when the vehicle ran a stop sign at a highway intersection in Schoharie, New York, about 40 miles west of Albany, police and the NTSB said.

It crashed into an unoccupied parked car and hit two pedestrians before coming to a rest in a shallow ravine, officials said. The driver, all 17 passengers and the two pedestrians died.

Sumwalt at a news conference on Sunday said investigators would determine the cause of the crash at a later time.

Amy Steenburg was also a newlywed. She and her three sisters — Mary Dyson, Allison King and Abby Jackson — and her husband, Axel Steenburg, and his brother, Rich Steenburg, all died, relatives told the New York Times.

"I don't know how you say it. You can't wrap your head around such a tragedy where you have four of your daughters die," Barbara Douglas, the aunt of the sisters, told reporters at the scene.

NBC news reported that Mary Dyson's husband, Rob Dyson, also died.

It was the deadliest transportation accident in the United States since a 2009 plane crash in Buffalo, New York, that killed 49 people, Sumwalt told a news conference on Sunday. REUTERS

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ALL IMAGES ISTOCK

#Itouchmyself campaign shines light on breast cancer prevention

October is Breast Cancer Awareness Month — here's what you need to know about prevention.

ANNA HARSTEDT
letters@metro.us

After skin cancer, breast cancer is the most common cancer diagnosed in women in the United States. The risk of a woman developing breast cancer in the U.S. during her lifetime is 12 percent, which means that there is a one-in-eight chance that she will have to fight the disease, according to the National Cancer Institute.

For tennis phenom Serena Williams, breast cancer is an extremely important subject. Williams recently stepped out of her comfort zone by singing topless in a video to create awareness about breast cancer, and to remind women to regularly perform breast self-exams.

Williams recently posted the video on her Instagram account as a part of the "I Touch Myself" project, an initiative launched in 2014 aimed to honor Chrissy Amphlett, the Divinyls lead singer who passed away from breast cancer.

"Yes, this put me out of my comfort zone, but I wanted to do it because it's an issue that affects all women of all colors, all around the world," Williams wrote in the video's caption. Williams urged women to put their health first and to do self-exams by touching themselves. "Early detection is key — it saves so many lives. I just hope this helps to remind women of that."

So what exactly is breast cancer?

According to the CDC, breast cancer is a disease in which cells in the breast grow out of control. There are different kinds of breast cancer. The kind of breast cancer depends on which cells in the breast turn into cancer.

Early detection is key in the fight against breast cancer. Dr. Benjamin Pocock, director of Elmhurst NYC Health Breast Service Clinic, points out the importance for women to regularly see a doctor and get an examination. It's different from case to case, but early detection can make cancer much more treatable.

Breast cancer survivor Mary Vetting agrees, telling Metro that she strongly encourages women to do

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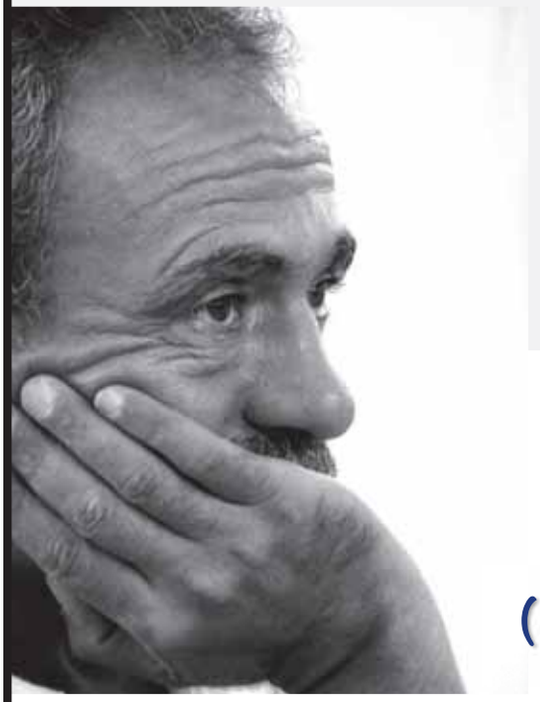

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their self-check, to regularly see their doctors and to always put their health as a priority.

"I personally think the sooner, the younger, the better. In my case, early detection saved my life," Vetting said. "Women performing self-exams is something that needs to be widespread, believed and done."

Share Cancer Support (844 ASK-SHARE or 844 275-7427) is a breast cancer helpline where you get to speak to a survivor or caregiver who's been there. The helpline is open 24/7 and you can call them for support and guidance.

Q&A

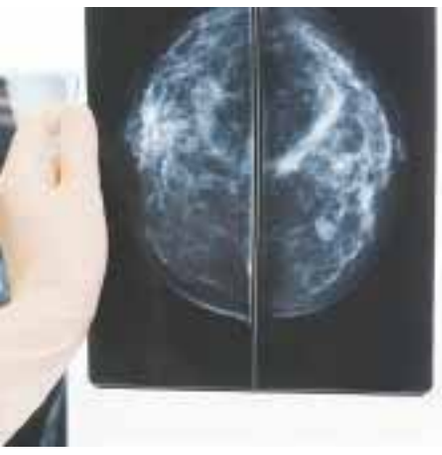
DR. BENJAMIN POCOCK,
Director, Elmhurst NYC Health Breast Service Clinic

Metro spoke with Dr. Benjamin Pocock, director of Elmhurst NYC Health Breast Service Clinic, to learn more about breast cancer prevention.

How does a woman reduce the risks of getting breast cancer?
There is no miracle prevention of breast cancer but there are general things you could do to reduce the risks, like eat healthy food, exercise, and be careful with alcohol and smoking. Also, having children and breastfeeding help to reduce the risks.

When should she see a doctor?
Women need to look out for lumps in the breast or near the armpit, blood from nipples or a rash on the skin of the breasts that won't go away with normal treatments. If any of these signs show up, you should see a doctor.

Where can she get a mammogram?
A mammogram is one of the easiest ways to catch breast cancer early. NYC Health + Hospitals facilities and neighborhood health centers offer mammograms for both eligible and uninsured women for free. People need to be aware that breast cancer is not usually inherited, it happens randomly, and women need to be aware that everyone's at risk.



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Attendees of Decolonize's first Anti-Columbus Day Tour of the American Museum of Natural History in 2016 placed a 75-foot parachute over the Roosevelt statue in protest. THE COMMUNITY OF DECOLONIZE THIS PLACE

Activists gather at AMNH for Anti-Columbus Tour

Decolonize This Place is calling for the city to officially recognize Indigenous Peoples Day.

KRISTIN TOUSSAINT
kristin.toussaint@metro.us

Activists gathered on Monday for the third annual Anti-Columbus Day Tour of the American Museum of Natural History, during which activists call on New York City to officially recognize Indigenous Peoples Day rather than Columbus Day.

Beginning at 3 p.m., activists from the group Decolonize This Place, and members of New York City's Indigenous, Black, Latinx, and Asian communities as well as "decolonial advocates" met at the museum for what a flyer for the event billed as "more than a tour."

The group also issued a public letter with other organizations (American Indian Community House, NYC Stands With Standing Rock, Black Youth Project 100 and South Asia Solidarity Initiative) ahead of the 2018 anti-Columbus tour

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to voice their demand that the city join a growing list of United States locales in renaming Columbus Day as Indigenous Peoples Day.

More and more cities, like Los Angeles, Denver and Nashville, have recently opted to honor Indigenous Peoples Day either instead of or alongside Columbus Day.

100K

"New York City boasts the largest indigenous population in the country — more than 100,000 people — and it sits on the homeland of the Lenape."

This past January, Mayor BIll de Blasio announced that the controversial Christopher Columbus and Teddy Roosevelt statues would remain (in Columbus Circle and outside of the American Museum of Natural History, respectively), but that the city would focus on adding new historical markers around the statues to explain the "nuances" of these historical figures.

Activists do hope to publicize more truths about these figures, like their ties to exploitation, slavery and cruelty in their conquests, but that move by the city isn't enough, they say.

"New York City boasts the largest indigenous population in the country — more than 100,000 people — and it sits on the homeland of the Lenape, which is and always has been a place of Indigenous movement," the organization said in a release. "[The grassroots groups] insist that the public holiday should honor the persistent presence of Indigenous Americans, and that it is no longer acceptable to commemorate Christopher Columbus, a figure widely associated with exploitation, enslavement, and conquest."

Activists have organized Anti-Columbus Day tours of the American Museum of Natural History since 2016, with more than 1,000 people attending in 2017, according to Decolonize This Place.

The idea of "decolonizing museums" has gained attention in recent years, the activists note, but New York's major museums, including the Museum of Natural History, have "barely registered this seismic shift." The groups want the museums to better tell the full story of history to give more voice and historical accuracy to marginalized groups like Indigenous peoples.

Along with updating American Museum of Natural History exhibits, the 2018 Anti-Columbus Day Tour asks museum officials to acknowledge that its building sits on occupied Lenape territory, voice support for renaming Columbus Day as Indigenous Peoples Day and publicly state its resolve to rethink the Roosevelt statue at its entrance.

"Real decolonization — a repatriation of all objects and land to Indigenous peoples — may seem beyond the reach of an institution that to its core acts to reinforce settler colonial mentalities," said Tlingit artist Jackson Polysin, in a statement. "There's real opportunity here to begin dialogue, but can our voices truly be heard when framed — contained — by these constant justifications for a foundational violence that permeate every representation of non-European peoples?"

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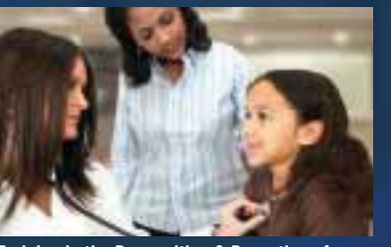
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Adam Randall and Dani Hansen are both world-class rowers. ALL PHOTOS LUCAS FLORES PIRAN

Fitness workout startup seeks to change how we row

Boston-based Hydrow is bringing live-streaming and on-demand workouts to rowing, including its just-completed Hudson River workout.

JEFF TOMKO
letters@metro.us

It's right around Minute 18 of a 20-minute rowing session — in workout terms, it's that final all-out heart rate-elevating push to the end.

Rowers Dani Hansen and Adam Randall are the instructors for this workout — a workout that isn't actually being held in any gym studio, but instead being filmed along the heavily congested Hudson River, and during morning rush hour of all times. The instructional is part of a digital on-demand workout series being developed by row machine startup Hydrow, which is billing itself as the "Peloton of rowing."

With at times gale-force wind conditions that would suck the wind out of most fit gymgoers attempting the same workout, these two world-class aquatic athletes are simultaneously instructing stroke form and tempo with the vocal demeanor of excited Beantown tourists while fighting the Hudson's crashing waves to keep their offshore racing double (a rowing insider's term for rowing vessel) upright.

"It's getting a little choppy out here," Dani Hansen, a U.S. Paralympic gold medalist and Boston resident, can be heard telling the camera crew tailing her from another boat. "But this is so awesome. I wish my mom could see this."

The breathtaking backdrop of the city skyline at sunrise — from One World Trade to the Statue of Liber-

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Besides Randall and Hansen, a two-person film crew recorded the footage for Hydrow's video-on-demand workouts.

ty — neutralizes any of the Hudson's inherent dangers for the duo.

Using part-cameras, part-courage, and a whole ton of muscle, Hydrow's workout is an attempt to make a more visually appealing addition to the popular and competitive at-home digital workout market. The high winds provided an example as to the physical challenges rowing requires.

"If regular civilians were out there it could have been catastrophic," says Bruce Smith, a former U.S. rowing team coach and creator of the Hydrow. "Most people would get washed out of the boat because they'd get buried in a wave. The fact that Dani and Adam could keep the boat moving and in the right direction while providing instructions just shows what tremendous athletes they are."

For an exercise machine that hasn't even begun production, public response for the Boston-based startup has been overwhelmingly positive, Smith says. Hydrow surpassed its fundraising goal of $100,000 in just four minutes on fundraising site Indiegogo, and is now approaching the half-million-dollar mark.

The boomerang-shaped fitness device's success comes primarily on its potential to be the first row machine to offer live-streaming and on-demand workout programming when it begins shipping in 2019 (that, and nearly half off its early price tag of $1,299). The Hydrow will also offer a real-time leaderboard for rowers to compete against other row athletes around the world, a first of its kind.

And Hydrow claims to offer a much quieter row, so you'll be able to hear the waves of the Hudson without getting splashed.

Instead, you may drown at home in your own sweat — rowing is the ultimate total-body workout, using close to 85 percent of the body's muscles to burn up to 300 calories per 30-minute workout, more than cycling and running.

"One of the great things about rowing is that you can do hard or light strokes at any stroke rate," says Randall, a member of the U.S. national rowing team. "It's about how hard you're gonna pull. If you're rowing fast and pulling hard, that's a hard workout. But you can pull slower and still get in a strong workout."

However, not everyone could (or should) drop their oars in the Hudson — or even Boston's Charles River, which was the location for the five-person crew's (including videographer William Huber and producer Chris Sammartano) first on-water video workout shoot. Everyone agreed the calmer waters of the Charles were less of a challenge than the wind-engulfed Hudson.

"Going toward the Statue of Liberty, our rhythm was pretty good," Hansen says. "On the way back, we did have to adjust our stroke rate, because the current was against us. We had anticipated it, but we originally wanted to go a little higher."

Don't know how to row? It's as easy as 1, 2, 3

The row machine is considered the ultimate total-body, strength and conditioning tool. But knowing the proper rowing technique can oftentimes be complicated.

To maximize performance and reduce the risk of injury, Paralympic gold medalist Dani Hansen suggests improving your technique by remembering three simple steps — also known as the "1, 2, 3 Method." You'll get the best results (and save your back) from your next row machine workout.

- **Step 1:** Drive with your legs.
- **Step 2:** With your legs extended, swing at the hips with your core, arching your back.
- **Step 3:** Pull with your arms into your sternum.

By remembering legs, core, arms, then reversing the order — (3) take your arms out, (2) swing your body back over at the hips, then (1) bring your legs and knees back to the front — you're on your way to rowing across the Hudson. Or stick to your home rower. "Just create a sequence and master the fluid movement for yourself, and you'll be fine," Hansen says.

At the end of the row, Hansen compared this sightseeing workout with winning a gold medal at the 2016 Paralympic Games in Rio.

"This may have been the coolest thing I have ever done," she says.

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Tips on how to get the most aid from your FAFSA application

Get all of the financial aid you can.

PAT KING
patrick.king@metro.us

When are the first moments that you really start to get a handle on your finances as an adult? Is it after those sobering moments when you've noticed that you need to crawl out of the piles of debt you've accrued in order to earn a college degree or from loans you've taken out to get your small business off of the ground? The truth is, the earlier you have an understanding of your personal debt and finances, the better off you will be.

College students are now officially able to fill out FAFSA applications for the 2018-2019 school year to find out what kind of financial aid they can receive, and cut down on any student loans they would normally have to apply for to pay for school. Kevin McMullen, founder and president of the college admissions counselling organization College-wise, provided us with some helpful tips on how to get as much aid as possible toward your college tuition.

Understand where financial aid comes from

One thing that many college students don't understand is that the government provides students with thousands of dollars every year toward their financial aid. What is frustrating about this is that a lot of this money goes unused by students not taking advantage of this or filling out their FAFSA applications the right way. But the key to getting this money is convincing the federal government to invest this kind of money toward your degree. Even if you do not apply for need-based aid, the government can provide; they may help you out a little bit for your efforts.

"The absolute best strategy you can employ to get more financial aid dollars in your pocket is to apply to a balanced list of colleges including schools that are safe bets for you academically — and thus more likely to give you merit-based aid — and ones that have generous need-based aid programs," explains McMullen in his report "Seven Tips to Get Thousands in Financial Aid."

Research the requirements for your schools of choice

There is a reason that many students have what they call "safety schools." It is because these are schools that you know you will have no trouble getting into based on what their required GPA or SAT scores are. By researching these requirements — and thus understanding what the rest of the applicant pool will look like — you will have a good idea of what kind of help you will get with financial aid as you fill out your FAFSA applications.

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"Starting junior year, develop a sense of where you fall academically within the applicant pool at your colleges of choice," explains McMullen. "Look up and record the average score ranges and GPAs of the incoming class at all of the colleges you're interested in. Don't know where to look for these data points? Every college in the country has a profile on the College Board's website that includes average score ranges and GPAs."

The final deadline for FAFSA applications for 2018-2019 is midnight on June 30, 2019. For more helpful tips on filling out your FAFSA applications and lowering your college tuition, head over to Collegewise.com.

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I remember back in the day when a library used to be quiet. Nowadays, it's used as a "romper room" for kids who actually should be in a school somewhere. And for the people who, when you're sitting at a computer next to them, decide they want to make a phone call, put it on speaker and begin to talk very loudly, as if they're outside or in the comfort of their own home.

Can we spell C-O-U-R-T-E-S-Y, please? Nobody needs, or cares, to hear your conversation with your daycare provider, your real estate agent, your baby daddy or baby momma, or know your banking transaction details. Stop it and take your behind outside already. What's more, these librarians fail to do their job and tell these kids to calm down.

— **Gerald**, *Metro Philly reader*

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The winning caption from John G., *Metro US reader*

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Aries If you try to understand what others are going through, it will be easier for you to do what's right for all concerned. Your help will be appreciated.

Taurus A delay may annoy you, but it will turn in your favor in the end. Don't lack patience; simply bide your time. Wait and be ready to act when the time is right.

Gemini Live and learn. Someone may lead you astray if you ask for suggestions or help. Take the initiative and go to the source if you want to know the truth.

Cancer Let down your guard and listen to what others have to say. You'll be offered options that will spark your imagination and encourage better relationships.

Leo Don't assume that you know what's going on around you. Someone will go to great lengths to cover up something that could greatly affect a decision you make.

Virgo You'll learn through observation and hands-on experience. You will have a personal growth spurt that will lead to a positive lifestyle change.

Libra Take care of matters that will influence your home life or standard of living. Put in the time and effort to fix up your surroundings and add to your comfort.

Scorpio Emotions will mount, and arguments will erupt if you aren't careful with your words and reactions. Don't judge others or start something you will live to regret.

Sagittarius Look at what you can accomplish, not at what you cannot. Having a positive attitude will help you keep negative individuals from interfering in your affairs.

Capricorn Don't stop when you should be sprinting. Explore your options and try new things. Show emotion and express your thoughts. Live life in the moment.

Aquarius Beware of anyone making unrealistic offers. Change should take place because you want it to, not because someone is pressuring you to do something that you don't like.

Pisces Take advantage of whatever comes your way. Set up meetings and negotiate with confidence. Let others know your worth. Embrace love. EUGENIA LAST

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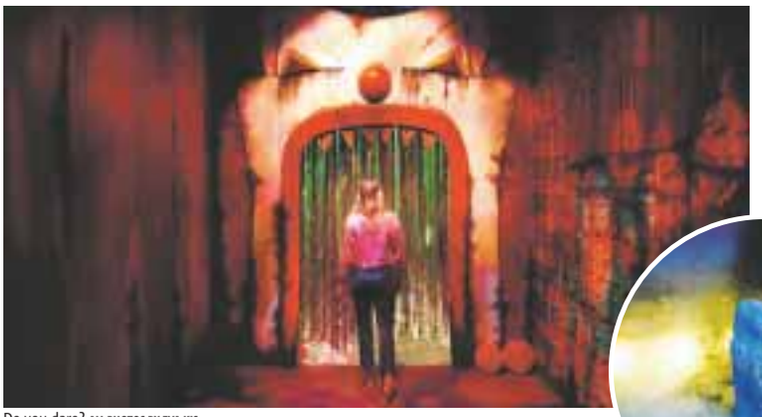

Millennial Graveyard

Do you dare? ALL PHOTOS BY EVA KIS

What started as Brooklyn's sweet dreamscape Dream Machine has turned into the millennial haunted house Nightmare Machine, an Instagram-ready gallery of horrors plucked straight from the imaginations of the 22-37 set.

"I grew up with Halloween as a really big deal in my family," says founder Paige Solomon. "I've always wanted to own a home mostly just to be the house on the block that has the craziest decorations. This was like getting to do that." Hold your avocado-toast jokes.

That's as close as you'll get to topical horror — this is not the real-world haunted house that Creative Time ran two years ago at the Brooklyn Cruise Terminal. The charm of Nightmare Machine's 10 rooms is varying the spooks between physical chills and letting your mind fill in the blanks.

There are also some New York-specific scares mixed in. Every New Yorker has stared down a cockroach or two in their time — but how about 12,000 of them in one hallway? "The joke now is, because we put about 12,000 of them in this room, is it was almost like immersion therapy," says Solomon.

"I will call friends over to kill a cockroach or actually leave my apartment if I see one. But now when I see an actual living cockroach, I'm gonna go to pick it up because I think it's a fake one because we've been pranking each other for a whole month."

There's humor, too. Like Disney's Haunted Mansion, the tombstones in Nightmare Machine's Millennial Graveyard take a more humorous than spooky angle, marking the deaths of those waiting for the L train that never came or victims of the one "literally" that ended up being real.

Solomon both loves and hates horror movies, so the squeamish among you can relax (mostly). The thrill factor of Nightmare Machine is less jump scares and surprises and more about what you bring into the room — which can be a chance to confront your fears. Instead of rushing through cobwebs and feeling nothing but blind fear, letting yourself take the time to explore and touch and pose can be empowering in its own way.

And, believer or not, seeing Hell as a fiery ball pit is guaranteed to make you laugh.

Nightmare Machine is open through Oct. 31 at 93 N. 9th St., Brooklyn. Timed tickets are $38; visitdreammachine.com

Back in 'Black'

"Black Lightning" star Cress Williams gets us ready for season 2 of the hit superhero series.

MATT JUUL
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GETTY IMAGES

"Black Lightning" provided a much-needed jolt of energy to the CW's ever-expanding lineup of DC Comics-inspired shows when it debuted in January. Although the series features your typical superhero action, "Black Lightning" became a critical darling for its ability to tackle important, real-world issues while also showcasing an amazing cast of diverse performers. Ahead of the premiere of season 2 on Tuesday night, we caught with Cress Williams to chat about what's in store for the super-powered principal and his family this season.

From racism to police violence, the show tackles so many of today's biggest issues. The first season's finale was especially timely, as it touched upon the crisis at the border with the story line of Black Lightning exposing the government's experiments on missing children. How does the world at large influence the direction of season 2?

What's interesting is that, now that we've established everything, I guess it kind of really resembles life. People have families and they're trying to do things and maneuver through the drama of their own family, while they happen to do that in the midst of the drama that's going on in the world. That's exactly what happens in our show. All the things that are going on in Freeland, the repercussions from season 1, that snowball just keeps moving. A lot of the worldly things, the missing kids and whatnot, that snowball keeps moving. But, our family dynamic gets even more complicated and that becomes a major thing that we're having to deal with in the midst of society and in the midst of the world. It really makes for a lot more dense and complicated story line.

Jefferson Pierce picked up a few new superpowers along the way during season 1. Are there any cool new moves you can tease heading into season 2?

We established flight last season, so we'll see some more of that and some new things as well that I don't want to spoil. It's always building and evolving over time. Season 2 picks up about a week after everything that happened at the end of season 1, so it's a lot about trying to resume life as normal, but realizing that's not even going to be possible. We have to define a new normal.

Any chance we'll see Static Shock show up in Freeland any time soon?

That would be cool! I don't want anybody to get too excited. What I'm saying right now is not founded on any info. It's really just my creative idea. I think it would be a cool idea at some point. Just the fact that Jefferson is an educator and a mentor, and we've established that in Freeland there's metas and things like that, I think it would be a natural thing. But nobody's really confirmed that. God willing, we have a lot of seasons to go. This season, we still have a lot to go on with the family and we're ramping up to a really great season 2 ending, so I don't think something like that would happen this season. But I do hope down the

"Black Lightning" season 2 premieres Tuesday night at 9 p.m. on The CW.
QUANTRELL D. COLBERT / THE CW

line, after we've firmly, firmly established the rest of the family and their powers and their story lines, I think that could happen. I think it would be really fun.

"Black Lightning" seems to be part of this wave of amazing projects to really showcase and celebrate diversity on the big and small screens. What are your thoughts on Hollywood's attitudes on diversity in 2018?

What's really amazing is that we all live in this world and, I don't know about you, but what was always kind of frustrating over time is that my friends and my communities, the people that I know around me that I see when I'm out in the world, are incredibly diverse. But film and television didn't really represent that. I think the goal of film and television is to really, most of the time, be a mirror to what the world looks like. What's kind of cool is that it's starting to do that. I say starting because it still has a long way to go. I hope that with the success of diversity [in film and television] that people don't get complacent because it'll just swing back. We have to be diligent and know that there's progress, but still a lot of progress that has to be made. All we really want is just for the screen to accurately reflect what's going on in the world, the makeup of the world.

I think what's really fueling it is that when these diverse endeavors are put out there, they prove to be successful. That's what generates more success. Unfortunately, the bottom line is the dollar. So if these things don't produce the dollars, then it makes it that much harder for the next person to break new foundations. Now that they are producing dollars, hopefully it will just light a fire and we keep moving in that direction.

"I think the goal of film and television is to really, most of the time, be a mirror to what the world looks like."

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Lehner, bottom 6 pace Isles to win

The Islanders came away with an unlikely dominating performance over the Sharks on Monday.

JOE PANTORNO
joseph.pantorno@metro.us

Robin Lehner shut the Sharks out in his first start for the Islanders. GETTY IMAGES

You might want to hold off just a little bit on bashing Lou Lamoriello's summer signings.

Some of the newest faces featured by the New York Islanders played a big part in the team's surprising and dominating 4-0 victory over the San Jose Sharks, an early favorite to represent the Western Conference in the Stanley Cup Final, on Monday afternoon.

In his regular-season debut for the Islanders, goaltender Robin Lehner shut out the high-powered Sharks, saving all 35 shots he faced.

It was a triumphant return to the crease for the 27-year-old, who made headlines during the offseason when he revealed his battles with ADHD, bipolar disorder and substance abuse.

The defense in front of him was pretty strong as well, especially the Islanders' penalty kill, which kept the Sharks off the board on four power plays.

Against a special teams unit that now features Brent Burns and Erik Karlsson, it was quite a feat that the Islanders were able to do that, especially after a 2017-18 season in which they had one of the worst penalty kill percentages in three decades.

But the signings of Valtteri Filppula and Leo Komarov have proven to be vital as the Islanders have killed all eight penalties they've faced this season.

While the defense was stingy, the offense was efficient. New captain Anders Lee gave the Islanders the lead with five minutes left in the second period on the power play as the left winger cleaned up the rebound left by goalie Martin Jones off a Josh Bailey one-timer.

Scott Mayfield, who replaced Luca Sbisa and made his season debut on Monday, doubled the lead five minutes into the third period thanks to an effective forecheck by Cal Clutterbuck, who used a big hit to create a turnover in the Sharks' zone before Casey Cizikas worked the puck to the defenseman, whose screened shots glanced off the shoulder of Jones and into the back of the net.

Eight minutes later, a Filppula forecheck saw the veteran forward win the puck in the corner behind the Sharks' goal while both teams changed before feeding a wide-open Matt Martin, who had a moment to settle the puck and fire a wrister, blocker side, past Jones for his first goal with the Islanders since 2016.

The fan favorite spent the past two seasons with the Toronto Maple Leafs before the Islanders traded for him over the summer.

His linemate Cizikas put the exclamation point on the dominant win with an empty-netter in the final minute.

It was the Islanders' 30th shot of the game, which was just six shots fewer than what the Sharks allowed over their first two games of the season.

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Knicks' chances for star guard Jimmy Butler haven't increased

Jimmy Butler is the biggest name on the trade market. Will the Knicks make a move?

JOE PANTORNO
joseph.pantorno@metro.us

With the start of the NBA regular season just over a week away, Jimmy Butler still remains a member of the Minnesota Timberwolves. The four-time All-Star requested a trade last month after just one full season with the team and his coach from the Chicago Bulls, Thom Thibodeau.

There has been no shortage of action on the market as the Timberwolves and Miami Heat had made significant progress on a possible trade that looked like it would get done over the weekend. However, ESPN's Adrian Wojnarowski reported on Sunday that negotiations fell apart.

So it's back to square one for the Timberwolves, who are looking to get rid of Butler as soon as possible. If they are unable to deal the shooting guard, they run the risk of losing him to free agency next summer for nothing.

For New York Knicks fans, it offers a small glimmer of hope that the team could re-enter the conversation for Butler. The Knicks were originally considered a frontrunner for the 29-year-old even before he was put on the trade market, as rumors swirled that he and Kyrie Irving would team up at Madison Square Garden one day.

Once Butler's trade demand came to fruition though, Knicks president Steve Mills made it clear that he was unwilling to give up draft picks or young talent for Butler — especially if there isn't a guarantee that he would re-sign with the team in July 2019.

It looks as though nothing has changed over the past few weeks as Wojnarowski added that the Knicks haven't even called up the Timberwolves to gauge on what it would take to get Butler.

The Knicks are poised to become a threat in the Eastern Conference in the next year even without trading for Butler. Mills believes the team could always lure him to New York in free agency over the summer, only delaying his arrival while not giving up vital assets.

New York is projected to have two max-salary slots to utilize in free agency, which will give Butler the big-time contract he's been waiting for while having the capacity to bring on another top-tier talent, whether that's a player like Kyrie Irving or Klay Thompson or even Kevin Durant.

Coupling that kind of talent with a healthy Kristaps Porzingis and Kevin Knox, who is expected to develop into a star, and the Knicks could quickly begin challenging the Boston Celtics and Philadelphia 76ers atop the Eastern Conference.

While Jimmy Butler has expressed interest in joining the Knicks, it looks like the Knicks don't want him just yet. GETTY IMAGES

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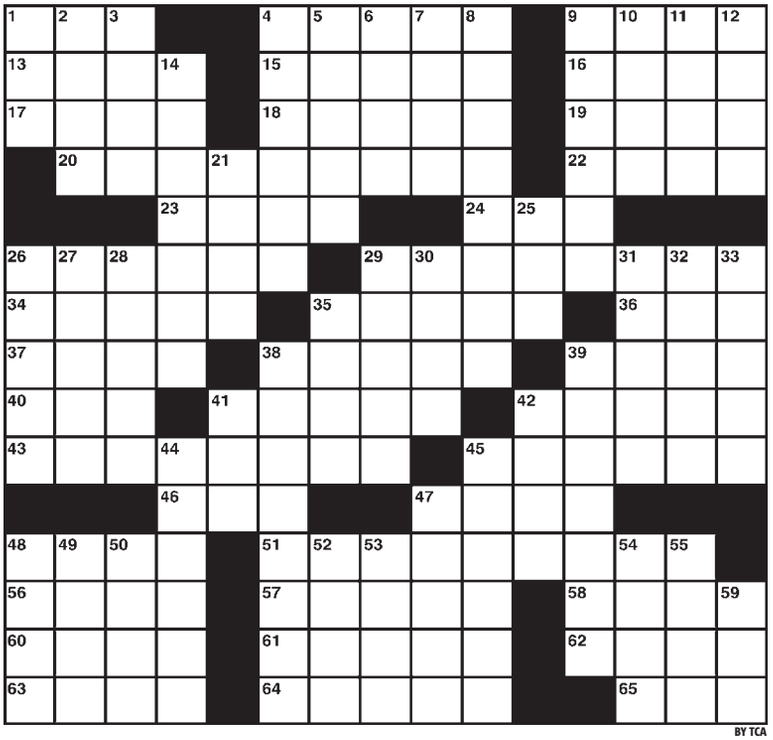

BY TCA

ACROSS

1 Solemn promise
4 Colorful daisylike flower
9 __ more; again
13 Actor Sandler
15 Swiped
16 Meander
17 "__ Me Do"; Beatles song
18 Hooded jacket
19 Accepted standard
20 In __; fully prepared
22 Mayberry resident
23 Geek
24 Many a time
26 Bitter conflict
29 Disdain
34 __ the finger at; accuse
35 Rescued
36 Vaudevillian Olsen
37 __-winded; like a motor-mouth
38 Smiled for the camera
39 Extended family group
40 "__ Complicated"; Meryl Streep film
41 "Nothing could be __ than to be in Carolina..."
42 Brave deeds
43 Seminary class
45 Evening party
46 Play on words
47 Swimming spot
48 Delight
51 Adorn
56 Money borrowed
57 __ cologne; perfume
58 Actor Wyle
60 Meanie
61 Not urban
62 Fence door
63 Actress Tuesday
64 In a devious way
65 Mattel's boy doll

DOWN

1 Actor Kilmer
2 Scent
3 Surfboard support
4 Have ambitions
5 Get up
6 Shredded
7 BPOE folks
8 Used logic
9 Fancy
10 AM/PM divider
11 Queen or joker
12 TV show award
14 Definition
21 Skillful
25 Floral wire service
26 Banana __; ice cream treat
27 Fang
28 Dishwasher cycle
29 "Ben __" of old TV
30 Talk __; discuss
31 Back tooth
32 Dish
33 Uptight
35 Anthem
38 Early settlers
39 __ fan; overhead blower
41 Respiratory bug
42 Hoodwink
44 __ up; spoke frankly
45 Exclusively
47 Make a bike go
48 Shine
49 Part of a theater
50 James __ Jones
52 Injure by rough handling
53 Entomb
54 Enjoy a long bath
55 Detest
59 Female bird

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W	I	I	S	E	D	C	N	P	R
J	B	D	Y	G	J	A	S	F	N
C	I	O	S	R	N	J	E	W	B
N	K	T	U	O	S	N	L	J	G
O	E	A	R	E	I	E	T	O	R
N	O	C	L	G	L	V	A	H	G
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		6			4	1		
		1		7	3	6		
			5					
6		9				3		5
					1			
		7	2	8		5		
		2	1			7		
	1				9	2		8

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